



# JUDO

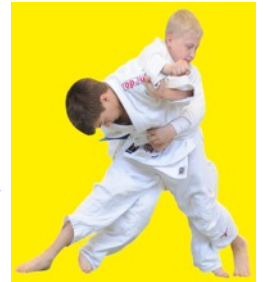
BRING A FRIEND  
FREE VOUCHER



This Voucher Admits 2 Youngsters, 2 FREE Trial Lessons Each.  
You Pay Nothing and You Can Lend A Judo Suit For Your Trial.

Name..... Address.....

Email..... Tel.....



## IDEAL FOR GIRLS/BOYS

UNITED JUDO at: BEXLEYHEATH \* GRAVESEND \* DARTFORD \*

Contact: Carol or Dave - 07952 117258 Sean - 07979 522067

Children's Class: From 6.30/8pm Adult Classes: Phone for Details

[WWW.UNITEDJUDO.COM](http://WWW.UNITEDJUDO.COM)

[WWW.UNITEDJUDO.COM](http://WWW.UNITEDJUDO.COM)

Children's Class: Fridays 6.30/8.00pm Adult Classes: Phone for Details  
Contact: Carol or Dave Quinn - 07952 117258



Our friendly schools are designed to ensure that you quickly settle in and our classes are tailored to your level of fitness and ability. Come on your own or bring a friend. PRINT THIS 'Bring a Friend' Special Voucher.

## FULLY QUALIFIED INSTRUCTORS

Have Fun. Keep Fit. Learn a Martial Art. Make Friends.  
Increase Self-Confidence. Improve Flexibility & Co-ordination. Competitions & Grading's.

Hall Road Northfleet Kent DA11 8AQ

\* NORTHFLEET SCHOOL FOR GIRLS, SPORTS CENTRE \*

Mallard Close, Dartford, Kent, DA1 5HU

\* ST. VINCENT'S CHURCH HALL DARTFORD \*

Brampton Rd Bexleyheath DA7 4HH

\* CROOK LOG LEISURE CENTRE BEXLEYHEATH \*

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